

How I Gave Up My Low-Fat Diet And Lost 40 Pounds (Revised And Expanded Edition)

By Dana Carpender

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About | Dana's Low Carb for Life! -

Dana Carpender, author of nine Carpender wrote How I Gave Up My Low Fat Diet and Lost 40 Pounds, a revised, expanded edition of How I Gave Up My Low Fat Diet

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Quick preface: This is not a story about why Android is better than iOS. In the summer of 2010, I upgraded from my trusty Sony Ericsson W810i to the iPhone 4.

Dana Carpender: Trivia, and a List of Books by -

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